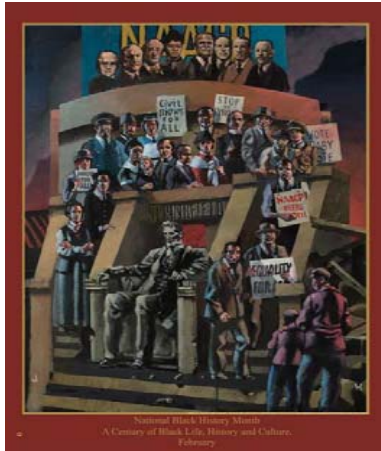




*Conley-Guerrero
Senior Activity Center
808 Nile Street
Austin, TX 78702
(512) 978-2660
Fax: (512) 479-4140*



*January 2
and 0
February 1
5*

February Black History Month

Closed For City Holidays

Monday, January 19 - Martin Luther King Day

Monday, February 16 - Presidents' Day

<http://www.austintexas.gov/departments/conley-guerrero-senior-activity-center>
Facebook: Austin Parks and Recreation Department - Seniors



The City of Austin is proud to comply with the Americans with Disabilities Act.
If you require assistance for participation in our programs or use of our
facilities, please call (512) 974-3914.



Welcome To



Resident/Non-Resident Fee Structure

The City of Austin Parks and Recreation Department (PARD) is implementing a resident and non-resident fee structure approved by Austin City Council beginning Fiscal Year 2014-2015 as of October 1, 2014. Residents **(R)** of Austin property taxes contribute directly to support the operations of the City of Austin. The non-resident **(NR)** rate ensures that individuals living outside of Austin contribute to the funding of the City of Austin on an equal basis with residents.

Staff

Gladys A. Runnels, Program Supervisor
Dina R. Cantú, Program Specialist;
Carolyn Vaterlaus, Program Specialist
Arthur Ramirez, Building and Grounds
Estela Rodriguez, Administrative Associate
Sharon Campbell, Administrative Associate
Mary Roberts, Activity Instructor
Miriam Jones, Activity Instructor
Daedelus (DJ) Hoffman, Activity Instructor

Hours of Operation:

Monday, Wednesday and Friday
8:00 AM - 5:00 PM
Tuesday and Thursday
8:00 AM - 8:00 PM

Austin Parks and Recreation Department Refund Policy

The activity/program fee is refunded in full only if the class is cancelled by the Austin Parks and Recreation Department. In the event you need to withdraw from a class due to personal reasons, personal injury/illness, etc., the prorated activity fee minus a \$10 processing charge will be refunded. A medical verification may be required. Please allow 4-6 weeks for refunds to be processed and mailed - **no cash** refunds will be given. If the refund amount is less than \$10, no refund will be issued but you may receive a class credit form to be used within 90 days.

Conley-Guerrero!

Austin Parks and Recreation Department Mission Statement

The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural, and outdoor experiences for the Austin Community.

Conley-Guerrero Senior Activity Center Mission Statement

The purpose of the Conley-Guerrero Senior Activity Center is to provide quality recreational and cultural activities and programs to seniors in order to enhance their quality of life.

Austin Parks and Recreation Department

Sara L. Hensley, CPRP, *Director*
Kimberly A. McNeely, CPRP, *Assistant Director*
Cora Wright, *Assistant Director*
Patrick R. Corona, CPRP, *Division Manager*
Tiffany M. Cabin, CPRP, *Program Manager*

Parks Board

Jane Rivera, *Chair*
Jeff Francell, *Vice Chair*
William Abell, *Board Member*
Michael Casias, *Board Member*
Dale Glover, *Board Member*
Lynn Osgood, *Board Member*
Susan Roth, *Board Member*

Office of the City Manager

Marc Ott, *City Manager*
Vacant, *Deputy City Manager*
Rey Arellano, *Assistant City Manager*
H. G. (Bert) Lumbreras, *Assistant City Manager*
Robert Goode, *Assistant City Manager*
Sue Edward, *Assistant City Manager*
Anthony Snipes, *Assistant City Manager*
Ray Baray, *Chief of Staff*

City Council

Mayor Steve Alder
Ora Houston, *Place 1*
Delia Garza, *Place 2*
Sabino "Pio" Renteria, *Place 3*
Gregorio "Greg" Casar, *Place 4*
Ann Kitchen, *Place 5*
Don Zimmerman, *Place 6*
Leslie Pool, *Place 7*
Ellen Troxclair, *Place 8*
Katy Tovo, *Place 9*
Sheri Gallo, *Place 10*

Arts & Crafts

Ceramics

Beginner to Advanced

Monday 9:30 AM – 11:30 AM

Tuesday 5:45 PM – 7:45 PM

Students will be introduced to different painting and glazing techniques. Class includes group projects and kiln firings.

Instructor: Mary Roberts

Cost: \$5.00-R/\$6.00-NR per month for the morning or evening sessions

Sewing

Beginner to Advanced

Monday and Tuesday

1:00 PM – 5:00 PM

Students will get one-on-one instruction on basic sewing and sewing machine skills. Advanced students will cover the art of quilting and other crafts using cloth.

Instructor: Mirian Jones

Cost: \$5.00-R/\$6.00-NR per month



Beginner's Quilting

Beginner to Advanced

Wednesday

1:00 PM – 3:00 PM

This class teaches new quilters the basic concept of quilting.

Instructor: Margarine Beaman

Cost: Free

Education

Bible Study

Monday & Thursday

10:00 AM – 11:30 AM

Study is taught from the King James version of the Bible. Classes are conducted from lesson plans and "open format".

Instructors: Various

Cost: Free

Spanish Class

Beginner to Advanced

Monday & Wednesday

1:00 PM – 3:00 PM

Learn Spanish language basics in a relaxed atmosphere.

Instructor: Maestro Dotson

Cost: Free

Music & Dance

Conley-Guerrero Inspiration Choir

Practice on the (1st and 3rd) Tuesday

10:00 AM - 11:30 AM

Bring cheer and good will through song! The choir practices traditional songs, and performs at special functions at our facility and throughout Austin.

Director: Patricia Blaine

Cost: Free

****Volunteer musician needed.****



Ballet Folklórico

Monday & Wednesday

11:00 AM – 12:00 PM

The group practices traditional Mexican folkloric ballet. Performances are held at Conley-Guerrero SAC and throughout Austin.

Instructor: Juanita Lopez

Cost: Free



"Golden Ace" R&B Line Dance

Thursday

10:00 AM – 11:00 AM

Get your blood pumping and feet moving to Rhythm & Blues, Hip Hop music and steps!

Instructor: L.M. Rivers

Cost: Free



Be sure to update your membership and class registrations!

Fitness



Exercise 1 & Exercise 2

Beginner to Intermediate

Monday, Wednesday & Friday
9:30 AM - 10:15 AM & 10:30 AM - 11:00 AM

Strengthen your body using sticks, bands, breathing exercises and traditional chair aerobics.

Instructors: Eleanor Perkins & Martha Johnson

Cost: Free

Fitness Room

Monday, Wednesday and Friday
8:30 AM - 4:30 PM
Tuesday and Thursday
8:30 AM - 7:30 PM

A complete fitness work-out is available using our treadmills, stationary bikes, elliptical machine and weight machines. Fitness room orientations and assessments are available by appointment only.

Cost: Free

Tips and Gratuities - Reminder!!!!

City of Austin policies prohibits **ALL** staff members and volunteers from accepting or soliciting any gifts, gratuities (tips) or favors in any form for any purpose or services.

PLEASE do not put staff in an uncomfortable position or jeopardize any position by violation of this policy. A simple **“Thank You”** or a smile is appreciated and will not put our staff at risk.

Report any violation to management.

Games

Domino Group

Monday, Wednesday and Friday
8:00 AM - 5:00 PM
Tuesday and Thursday
8:00 AM - 8:00 PM

The group plays regular dominoes.

Bridge

All Levels

Tuesday and Thursday
2:00 PM - 7:45 PM

Contact Front Desk for more information

Bingo

Monday, Wednesday and Friday
1:00 PM - 2:30 PM
 Socialize and play bingo
 \$1.00 per card
 (Volunteer Callers needed)

Billiards Room

Monday – Friday
8:00 AM - 5:00 PM

Open Puzzle Table

Monday, Wednesday and Friday
8:00 AM - 4:45 PM
Tuesday and Thursday
8:00 AM - 7:45 PM
 Enjoy putting together an assortment of puzzles!

Special Interest

Trace Your Roots

Thursday
1:00 PM - 3:00 PM
February 5 and 19

Learn to find your ancestors by using resources available through genealogy websites. Instructor will help you navigate the sites and fill out your pedigree charts. Class includes occasional field trips to local libraries which contain additional records. The class is free. However, if you need to obtain records not found through the internet, the Bureau of Vital Statistics does collect a fee for that service.

Instructor: Carolyn & Francis Davila
Cost: Free

CGSAC Veteran Network Group

Wednesday, February 18
12:30 PM - 1:30 PM
Free

CGSAC Veterans or family members getting together to discuss available benefits and upcoming local events for veterans. The group will also exchange and address Information on issues and concerns that pertain to veterans.

For more information please see
CG Staff

Therapeutic Classes

Ceramic Bisque Owl Banks

Friday, January 9



Give a hoot about savings - Paint your own unglazed ceramic owl bank in your own personal style!



Source: www.ssww.com

Time: 9:30 AM - 11:30 AM
Cost: \$5.00-R/\$6.00-NR per Owl

CARNIVAL MASKS

Friday, February 20

Make a Mardi Gras mask or clown around - kids can create any character! Includes flocked masks, elastic cord, glitter, paint and brushes.



Source: www.ssww.com

Time: 9:30 AM - 11:30 AM
Cost: \$5.00-R/\$6.00-NR per Mask

Moment in Time

Winter Prep Rally

Wednesday, January 7

11:00 AM - 11:30 AM

It is said in Texas, "If you don't like the weather, wait a minute." Ever changing weather patterns create special challenges for those of us living in the Southwest or traveling to other regions of the United States. Come learn how to protect yourself in the home or in your vehicle if you become stranded in an unexpected storm and subsequent freezing temperatures.

CGSAC Mardi Gras Parade

Tuesday, February 17

11:00 AM - 11:45 AM

Move to the music of New Orleans jazz and see how many beads you can catch as the parade goes by. Costumes welcome.



January Trips

All activities/trips are done through a lottery registration. To be eligible, you must be a current participant of the Conley-Guerrero Senior Activity Center. When registering for a programs you may register for yourself and one other current participant. Activities and trips that have a fee must be paid in full by two business days of selection. Local trips must have a minimum of seven participants and out of town trips must have a minimum of ten participants signed-up by deadline (two business days before trip).

If paying with cash, please bring exact amount for your transaction.

(*Indicates meal on your own).

R-Resident

NR-Non-Resident

January lotto selection is on January 2, 2015 (12 PM)



College Station, TX

Friday, January 16

As one of the top attractions in the State of Texas, the George Bush Presidential Library and Museum creates a museum experience that is both educational and entertaining for the whole family. The museum's core exhibits reveal the unique influences and challenges that shaped George Bush's life and presidency. Through artifacts, film, photographs, documents, music, sound effects and interactive videos, this special museum experience encompasses much of U.S. history since 1941. See a World War II Avenger Torpedo Bomber, a 1947 Studebaker, a slab of the Berlin Wall, and precise replicas of President Bush's Camp David and Situation Room. Try landing a plane on an aircraft carrier, or have your picture made while seated at the desk in the replica Oval Office. In addition, a special section is dedicated to First Lady Barbara Bush and her efforts on behalf of literacy, AIDS awareness and prevention, and volunteerism.

Depart: 8:30 AM

Return: 4:30 PM

Cost: \$10.00-R/\$11.00-NR*

Tickets: Adult \$9.00; Over 62 \$7.00



www.cherrycreekatfish.com

Lunch Day Out: Cherry Creek Catfish

Tuesday, January 20

"Cherry Creek Catfish is great down home cookin'. With an incredible atmosphere, mixed with great food and friendly service; you will get hooked! Catfish isn't the only thing that they do really well, their BBQ sauce and ribs also get lots of attention."

Depart: 10:30 AM

Return: 1:30 PM

Cost: \$3.00-R/\$4.00-NR*

Texas Performance Arts

Thursday, January 22

"Hosting a **Community Brown Bag Lunch** featuring the cast of "Mamma Mia!" The ultimate feel-good show. A smash-hit musical that combines ABBA's greatest hits, including "Dancing Queen," "S.O.S.," "Super Trouper," "Take A Chance on Me" and "The Winner Takes It All," with an enchanting tale of love, laughter and friendship at the **Lamar Senior Activity Center** (2874 Shoal Crest – 29th and Lamar) from **Noon - 1:00PM.**

This is a great opportunity for senior to get up close and personal with the cast and learn more about this amazing Broadway production - <http://texasperformingarts.org/season/mamma-mia-broadway-austin-2014>."

Depart: 11:30 AM

Return: 1:30 PM

Cost: Free



THE UNIVERSITY OF TEXAS AT AUSTIN
TEXAS PERFORMING ARTS

www.texasperformingarts.org

Hubbard Street Dance Chicago Texas Performing Arts Bass Concert Hall Thursday, January 29

"Among the world's top contemporary dance companies and a global cultural ambassador, Hubbard Street Dance demonstrates fluency in a wide range of techniques and forms, and deep comprehension of abstract artistry and emotional nuance."

Depart: 7:30 PM

Return: 10:00 PM

Cost: \$3.00-R/\$4.00-NR*

February Trips

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If paying with cash, please bring exact amount for your transaction.
(*Indicates meal on your own)

R-Resident

NR-Non-Resident

February lotto selection is on February 2, 2015 (12 PM)

Wal-Mart Super Center North Friday, February 6

Shop for everything your heart desires, you name it Wal-Mart has it from home and garden to automotive to the kitchen, even any type of out door recreation supplies and a pharmacy. Grab a quick biscuit and coffee from McDonald's than hit the aisles, or get a pedicure/manicure where there is usually a technician who qualified to work with diabetics. Make sure to pick up your lunch number when you sign the waiver, so you will be all set for lunch.



Source: www.walmart.com

Depart: 9:00 AM
Return: 12:00 PM
Cost: \$3.00-R/\$4.00-NR

Cine de Oro:

The Emma S. Barrientos Mexican American Cultural Center

Tuesday, February 24

"Si Yo Fuera Diputado": 1952

"Tired of the same politicians, who never do anything to improve their welfare, people from a poor neighborhood decide to support the shoeshine boy (Cantinflas) for public office."

Spanish with English subtitles.



Depart: 9:00 AM
Return: 12:30 PM
Cost: Free

Source: <http://nuttynbrown.com>



Lunch Day Out at Nutty Brown Café

Thursday, February 26

"Inspired by Italian trattoria cuisine, culture, and conversation, Romano's Macaroni Grill has been proudly serving unforgettable meals that leave a lasting impression to our deserving guests since 1988 – with knowledge, care and Italian charisma infused in everything they do."

Depart: 10:30 AM
Return: 1:30 PM
Cost: \$3.00-R/\$4.00-NR*



Source: <http://www.bvaam.org>

The Brazos Valley African American Museum in Bryan, TX Friday, February 27

"Chronicles the tragedies and triumphs of African American life from ancient civilization to the present, while also focusing on histories of local churches, families, and schools. We are committed to maintaining the integrity of black art and artifacts."

The primary objective of the museum is to portray the struggles and accomplishments of our ancestors, especially to our youth. The public is invited to visit and examine the artifacts, browse our historical records, participate in group visits, and utilize our educational resources.

Visitors also have the opportunity to delve into genealogical records, attend lectures, workshops, and performing arts programs."

Depart 8:30 AM
Return 3:30 PM
Cost: \$10.00-R/\$11.00-NR*
Museum Ticket: \$3.00

Special Events...

Source: www.tcsheriff.org

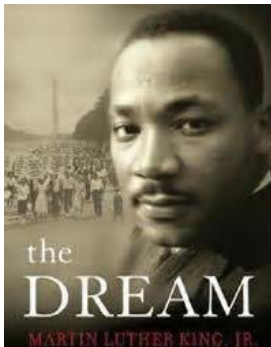


**Martin Luther King, Jr
Bingo Social*/Fish Fry
with the
Travis Sheriff Department
Thursday, January 15
5:30 PM - 7:30 PM**

- ◆ Bingo
- ◆ Fish Fry Dinner Plate
- ◆ Door Prizes

Dinner \$3.00 per person

*\$1.00 per card purchased at the door.



Source: www.bing.com

Presentation

Blue Cross Blue Shields Presentation on Understanding Medicare

**Wednesday, February 25
11:00 AM- 11:45 AM**

The Affordable Care Act and Medicare:
What is a Medicare Supplement?
What is a Prescription Drug Plan?
What is a Medicare Advantage Plan?



Special Event

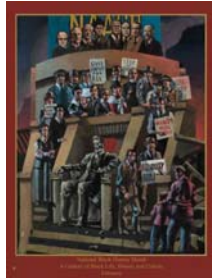
Black History Month Program

February 13

10:30 AM - 12:00 PM

*Theme: A Century of Black
Life, History and Culture*

Sponsored By Conley-Guerrero Advisory Board



Source: www.diversitystore.com

Black History Quotes

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." - Martin Luther King, Jr.

"Just don't give up what you're trying to do. Where there is love and inspiration, I don't think you can go wrong." - Ella Fitzgerald

"In recognizing the humanity of our fellow beings, we pay ourselves the highest tribute." - Thurgood Marshall, first African American on the U.S. Supreme Court

"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek." - President Barack Obama

Computer Class

PARTICIPATE IN RESEARCH

School of Information

THE UNIVERSITY OF
TEXAS
AT AUSTIN

The Study will last two (2) hours and you will be compensated \$10.00 Target gift card upon finishing. If you are over 60 and interested in this class please sign up at the *Front Desk* for dates listed below

Session Dates/Times:














January 6: 10:00 AM – 12:00 PM

12:30 PM – 2:30 PM

January 9: 10:00 AM – 12:00 PM

12:30 PM – 2:30 PM

January 15: 10am – 12:00 PM

Monday	Tuesday	Wednesday	Thursday	Friday
*Due to unavailability of certain items, appropriate substitutions may need to be made.	<i>Every meal is served with low fat milk or buttermilk.</i>  ≥ 1000mg Sodium  - Vegetarian Entrée		CLOSED Happy New Year 	2 TBA
5 Beef with Burgundy Sauce Whipped Potatoes with Skins Catalina Vegetables Wheat Bread Fresh Fruit <i>Cal: 600</i>	6 BBQ Chicken Green Peas Country Tomatoes Wheat Bread Lemon Pudding <i>Cal: 776</i> 	7 Turkey Breast with Gravy Mashed Sweet Potatoes Spinach Cornbread Fresh Orange Margarine <i>Cal: 640</i> 	8 Hamburger Patty Lettuce and Tomato Baked Beans Hamburger Bun Hot Apples and Raisins Mustard and Catsup <i>Cal: 673</i>	9 Chilaquiles Casserole Mexican Brown Rice Broccoli Wheat Tortilla Tropical Punch <i>Cal: 762</i>  
12 Spinach Chicken Macaroni and Cheese Squash Medley Dinner Roll Fresh Fruit <i>Cal: 607</i> 	13 Beef Pepper Steak Brown Gravy Black-Eyed Peas California Vegetables Wheat Bread Marble Pudding <i>Cal: 662</i>	14 Vegetarian Chili Confetti Brown Rice Sliced Carrots Cornbread Fresh Fruit Margarine <i>Cal: 814</i>	15 Suellen's Baked Chicken Breast Chicken Gravy Cheesy Parslied Potatoes Broccoli Wheat Bread Fruited Lime Gelatin <i>Cal: 606</i>	16 Charlene's Tuna Salad Three Bean Salad Tomato Spoon Relish Saltine Crackers Grape Juice <i>Cal: 654</i> COLD 
19 CLOSED For Martin Luther King Day	20 Lemon Pepper Chicken Oven Roasted Potatoes Broccoli Dinner Roll Oatmeal Cream Cookie <i>Cal: 620</i>	21 Beef Spaghetti Casserole Herbed Green Beans Parslied Carrots Wheat Bread Fresh Fruit <i>Cal: 621</i>	22 Apple Glazed Turkey Ham Lima Beans Okra and Tomatoes Cornbread Butterscotch Swirl Pudding Margarine <i>Cal: 801</i> 	23 Bean & Cheese Burrito Enchilada Sauce Spanish Brown Rice Spinach Cranberry Juice <i>Cal: 639</i>  
26 Turkey Rice Casserole Mixed Vegetables Brussels Sprouts Wheat Bread Fresh Orange <i>Cal: 607</i>	27 Ron Lantz's Meatloaf Brown Gravy Whipped Potatoes with Skins Squash/Zucchini/ Tomatoes Wheat Bread Fresh Fruit <i>Cal: 603</i>	28 Chicken Salad Pasta Salad Marinated carrots Saltine Crackers Fruited Cherry Gelatin <i>Cal: 667</i> COLD 	29 Taco Meat Lettuce and Tomato Pinto Beans Wheat Tortilla Hot Spiced Fruit Taco Sauce <i>Cal: 605</i>	30 Fish Nuggets Black-Eyed Peas Summer Vegetables Dinner Roll Apple Juice Tartar Sauce <i>Cal: 626</i>










J A N U A R Y

Meet new and interesting people during lunch. Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **10 AM** each morning.

Lunch is served **Monday - Friday at 12 PM - 12:30 PM.**

A \$1.00 donation for those over the age of 60 years is greatly appreciated. If you are under the age of 60, the cost of the meal is \$5.39.

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
2 Creamy Dill Chicken Penne Pasta Stewed Tomatoes Dinner Roll Fresh Fruit <i>Cal: 607</i>	3 Smoked Turkey Sausage Chuckwagon Corn Medley Cabbage Hot Dog Bun Vanilla Pudding Mustard <i>Cal: 627</i> 	4 Carne Guisada Brown Rice Ole Mixed Vegetables Wheat Tortilla Pineapple Tidbits <i>Cal: 614</i>	5 Tim Andrew's Pork Rib Patty Tossed Salad Ranch Beans Wheat Roll Hot Sliced Peaches Lite Italian Salad Dressing <i>Cal: 609</i>	6 John Yocum's Lemon Pepper Fish Lentil Vegetable Pilaf Herbed Green Beans Wheat Bread Cranberry Juice Tartar Sauce <i>Cal: 716</i>
9 Beef with Burgundy Sauce Whipped Potatoes with Skins Catalina Vegetables Wheat Bread Fresh Fruit <i>Cal: 600</i>	10 BBQ Chicken Green Peas Country Tomatoes Wheat Bread Lemon Pudding <i>Cal: 776</i> 	11 Turkey Breast with Gravy Mashed Sweet Potatoes Spinach Cornbread Fresh Orange Margarine <i>Cal: 640</i> 	12 Hamburger Patty Lettuce and Tomato Baked Beans Hamburger Bun Hot Apples and Raisins Mustard and Catsup <i>Cal: 673</i>	13 <i>Valentine's Day</i> Honey Baked Chicken Pasta Florentine Green Bean/Peppers/ Onions Wheat Roll Strawberry Swirl Pudding Margarine <i>Cal: 794</i>
16 CLOSED For Presidents' Day	17 Beef Pepper Steak Brown Gravy Black-Eyed Peas California Vegetables Wheat Bread Marble Pudding <i>Cal: 662</i>	18 <i>Ash Wednesday</i>  Vegetarian Chili Confetti Brown Rice Sliced Carrots Cornbread Fresh Fruit Margarine <i>Cal: 814</i>	19 Suellen's Baked Chicken Breast Chicken Gravy Cheesy Parslied Potatoes Broccoli Wheat Bread Fruited Lime Gelatin <i>Cal: 606</i>	20 <i>Lent</i> Charlene's Tuna Salad Three Bean Salad Tomato Spoon Relish Saltine Crackers Grape Juice <i>Cal: 654</i> COLD 
23 Swiss Steak Polenta Capri Vegetables Wheat Bread Fresh Fruit <i>Cal: 610</i>	24 Lemon Pepper Chicken Oven Roasted Potatoes Broccoli Dinner Roll Oatmeal Cream Cookie <i>Cal: 620</i>	25 Beef Spaghetti Casserole Herbed Green Beans Parslied Carrots Wheat Bread Fresh Fruit <i>Cal: 621</i>	26 <i>Upgrade</i> Pork Roast with Onion Gravy Lima Beans Okra and Tomatoes Cornbread Butterscotch Swirl Pudding Margarine <i>Cal: 924</i>	27 <i>Lent</i>  Bean & Cheese Burrito Enchilada Sauce Spanish Brown Rice Spinach Cranberry Juice <i>Cal: 639</i> 
*Due to unavailability of certain items, appropriate substi- tutions may need to be made.	Every meal is served with low fat milk or buttermilk.  ≥ 1000mg Sodium  Vegetarian Entrée			

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The Computer Lab at Conley-Guerrero

Monday – Friday: 9:00 AM – 4:45 PM
(open during non –class hours)



austinfreenet.net



austinfreenet.net

Austin Free-Net Training Hours
Monday, Tuesday and Thursday
12:30 PM - 2:30 PM
Free

Training will be on the most basic computer skills needed to function in today's electronic world. Learn about computer parts as well as hands-on mouse and keyboard practice. Learn to browse the internet, create and use e-mails and much more.



Birthday Cake Party

Friday,
January 30 and February 27
12:30 PM

Sponsored by
Southwood Care Center



Blood Pressure Checks with Wesley Nurse Health Ministries

Tuesday,
January 27 and February 24
10:30 AM - 11:30 AM

Game Room II

Nurse: Sharon



Advisory Board

Margarine G. Beaman, *President*

Vacant, *Vice President*

Vacant, *Treasurer*

Olivia Ussery, *Secretary*

Alice Houston-Johnson, *Corr. Secretary*

Willie Adams, *Member*

Larry Graugnard, *Member*

Eddie Pearl Rucker, *Member*

Patrica A. Blaine, *Member*

Charles E. Walker, *Member*

Jesse L. Colunga, *Member*

Guild

Ida M. Hunt, *President*

Dr. Beulah Agnes Jones, *Vice President*

Nellie Tellez, *Recording Secretary*

Jimmy L. Bowie, *Treasurer*

Elva Arambula, *Courtesy/Social Chair*

Elridge Nelson, *Member*

Matt Bragg, *Member*

GIFTS AND MEMORIAL FUNDS

Honor a relative or a friend with a gift to the Conley-Guerrero Senior Activity Center in his/her memory. Acknowledgment will be mailed promptly to the family or individual indicated by the donor. Your gift will be dedicated to the activities of the participant.

Enclosed is my gift of \$ _____

In memory of _____

Please mail to: Gifts and Memorial Fund

Conley-Guerrero Senior Activity Center (Attention: GCSAC Advisory Board)

808 Nile Street Austin, Texas 78702

Conley-Guerrero SAC Newsletter

Newsletters can be mailed to your home or business address.

Cost: \$5.00/12 months

If paying with a check, please make payable to:

Conley-Guerrero Senior Activity Center

Conley-Guerrero SAC Annual Donation

Only Conley-Guerrero Advisory Board members can receive any annual donations.



Board Bulletin

Advisory Board Meeting:

Tuesday, January 13 & 27 @ 1:15 PM

Tuesday, February 24 @ 1:15 PM

Guild Meeting:

Thursday, January 15 & February 19 @ 9:00 AM

Conley-Guerrero Senior Activity Center

808 Nile Street

Austin, Texas 78702

(512) 978-2660 Fax: (512) 479-4140

